

Therapeutic Massages

Choose a relaxation massage with light to medium pressure, a basic prenatal massage or injury/medical massage.
60 Minutes.....\$79.00

90 Minutes.....\$ 99.00
120 Minutes.....\$149.00

Custom Massages

Prices for the following massages are as listed:

60 Minutes.....\$89.00

90 Minutes.....\$109.00

120 Minutes.....\$159.00

Deep Tissue/Sports Massage

Relax with a custom massage that has your body's needs in mind. Med to Deep Pressure given to heal injured areas. Includes Heat therapy.

Advanced Pre-Natal Massage

A targeted massage using aromatherapy for women 6 months pregnant and over to help ease back pain and discomforts.

Trigger Point Therapy

A trigger point is a tight area within a muscle that causes pain in other parts of the body. This session alleviates the source of the pain through cycles of isolated pressure and release.

Lymphatic

A gentle massage using rocking and flowing of lymphatic system out of the body.

Ashiatsu/Thai

Prices for the Following Massages are as follows:

60 Minutes.....\$89.00

90 Minutes.....\$119.00

Ashiatsu Massage

Using feet, the therapist will apply deep strokes to back combining Asian and Swedish Massage

Zen Thai Massage

Includes Therapeutic Stretching, Joint Mobilization, deep-tissue compression, Toning of energy lines, Acupressure.

Ashi-Thai Combo Massage

Using feet, the therapist will apply deep strokes to back combining Asian and Swedish Massage, also use yoga like stretches to body for best overall massage.

Spa Enhancements

Stone Therapy \$15

Massage with warm stones on tense areas during massage.

Aroma Stone \$20

A relaxing massage with hot stones and a melted soy candle used as oil for a warm and soothing massage.

Aromatherapy \$5-\$10

Choose from a variety of essential oils to add onto your massage for different ailments such as muscle pain, stress, anxiety and relaxation.

Detox Enhanced Oil \$15

Massage using a special eucalyptus blend massage oil that helps detox the body.

Exfoliating Scrub \$45-\$50

Buff away dead skin cells and dry, flaky skin with our exfoliating scrub that leaves your skin brightened and moisturized.

Eco-Fin Hand/Foot Treatment \$15-\$25

A truly healthy and nourishing hand and foot treatment made with 100% natural plant based emollients and pure essential oils. No petroleum, artificial dyes or synthetic fragrance.

Massage Cupping \$25

Cupping therapy is a form of alternative medicine in which cups are placed on the skin to create suction & relief tight fascial muscle tissue increasing blood flow & reduce inflammation, no marks are left on skin.

Reflexology (30 minutes) \$50

A foot massage using the body's acupressure points.

doTERRA Treatments

A collection of 10 essential oil application techniques that incorporate massage to enhance circulation and promote balance of the body's systems.

Treatment\$55

Add to any 1hr Massage\$25

Inflammatory

Pain relief, Neuropathy, Chronic Fatigue

Neurological

Fibromyalgia, Depression, Anxiety

Lymphatic

Weight Loss, Kidney Stone

Digestive

Candida, Crohn's, IBS

Cardiovascular

Heart Disease, Diabetes,

Respiratory

Asthma, Colds, Flu

Osteo

Scoliosis, Arthritis

Infectious Disease

MRSA, Flu, Staph

Maximum

Cancer, Parasites, Liver

Solar

Adrenal Fatigue, Weight loss

Hormone

Menopause, Post-Partum

Balancing Treatments

Prices for the Following Massages are as follows

30 Minutes.....\$65.00

60 Minutes.....\$85.00

Cranial-Sacral Massage

A non-invasive technique, using light pressure, that balances the Cranium, Spinal fluid, and Sacrum. There is a physical release of energy as spinal fluid balances.

Add 30 Minute session to 60 Minute massage for \$50.00.

TMJ Release/Neck Massage

Release jaw pain and tightness with inner mouth therapy. Get your jaw realigned and pain free.

Other Treatments

Infrared Sauna

Infrared heaters emit radiant heat which is absorbed directly into the human body, unlike traditional saunas, which heat the body indirectly via air or steam. Includes Lg. Qure water.

30 Minutes.....\$35.00

45 Minutes.....\$45.00

Add sauna to any service for \$20.00

Aqua Chi Ionic Detox Bath

A natural way to detox of heavy metals and cleanse major organs.

Hand Detox 15-20min.....\$ 25.00

30 Minutes.....\$35.00

45 Minutes\$45.00

Ear Candling

Natural safe therapy that balances pressure, improves hearing, sinuses and removes ear wax.

30 Minutes(1 candle per ear\$45.00

60 Minutes (2 candles per ear\$55.00

Thermal Imaging

Non-invasive thermal imaging is a safe early warning system for disease and illness. Imaging shows where health problems lie and how to correct them. No body contact, No pain.

Breast Imaging \$250 Partial Half Body Imaging \$375
Full Body Imaging \$550

Ask for Julie or Contact at 714-392-0307

Teeth whitening

Non-Peroxide Whitening Treatment

30min Teeth Whitening.....\$99

30 min Led Light & Teeth Whitening\$150

Facials

All of our facials include a neck and shoulder massage and all product is natural and nourishing.

30 Minutes (No extractions) \$49

60 Minutes \$89

Upgrades

Enzyme \$30

Exfoliating fruit peels that can be customized to be gentle or aggressive for specific skin types.

Chemical Peels \$40

Glycolic, TCA and Lactic Peels. Intense exfoliation to reduce blemishes, acne, wrinkles, and fine lines.

Microderm \$30

Exfoliates dead skin cells and regenerates new cell growth.

Aromatherapy \$5-\$10

Choose from a variety of essential oils to add onto your facial for different ailments such as muscle pain, stress, anxiety and relaxation.

20 min Led Light Treatment \$50

Revitalize skin, increase collagen, plump skin

Red-Anti-aging, Blue-Anti-Acne& Teeth Whitening,

Orange, Revitalizing, Amber-Redness Reducer

Waxing for Men/Woman

You should refrain from shaving for at least 12 to 14 days prior to waxing. Prices may vary due to individual needs, and are subject to change without notice. Please trim hair to 1/2 inch and notify therapist of any concerns

Waxing subject to availability please book ahead.

Men's Wax Removal **Woman Wax Removal**

Back(Full).....\$25+ Eyebrow Tweezing.\$15.00

Arm (Half).....\$30.00 Eyebrow Wax.....\$20.00

Arm (Full).....\$50.00 Lip.....\$10.00

Chest.....\$35.00+ Arm (Half).....\$25.00

Stomach Line.....\$20.00 Basic Bikini.....\$35.00

Eyebrow Tweeze: \$ 15

Eyebrow Wax:\$ 20+

Face:\$

Arms:\$

Body Contouring

Ultrasonic Fat Cavitation Slimming Treatment

Ultrasonic is a european fat removal treatment that breaks up fat cells.

1 Session.....\$75.00

Intro Session 2x in 1 week\$150

Whole Body Vibration Therapy

Do you want to increase metabolism, detox, and strengthen muscle tone in as little as 10 mins per session ! Try Whole Body vibration.

10 min ...\$20 20 min\$30 30 min \$ 45.00

Buy three or more get 10% off package

My-Laser Lipo

Led FDA Body contouring Light system with whole Body Vibration Therapy

Intro Session\$150.00

9 Sessions w/ vibration plate\$699.00

18 sessions\$999.00

Body Wraps

Aloe Herbal Body Wrap

Detox and flush out toxins. Lose 4-15 inches per wrap.

60 Minutes.....\$89.00

Aloe Wrap & 45 min Facial.....\$139.00

Aloe Wrap & 1 Hour Massage.....\$139.00

Antioxidant Chocolate Clay Inch Loss Wrap

Detox with smell of chocolate & draw out impurities with clay while wrapped up & lose inches. No measuring.

Chocolate Wrap:.....\$ 69

Seaweed Body Wrap

Hydrating body wrap that softens the skin.

60 minutes.....\$55

Airbrush Tanning

Session.....\$40

Legs Only.....\$20

3 Tanning Sessions.....\$99

Face Only.....\$9

Packages

Spa Day Package

Includes a one hour hot stone massage, one hour custom facial, choice between body treatments (Scrub or Seaweed Wrap) and choice between detox's (Aqua Chi Footbath or Sauna) \$179- 3 hours (\$235 value)

75 Minute Massage/15 Minutes Reflexology

75 minute therapeutic massage and fifteen minutes of foot reflexology incorporated. \$89 (\$119 value)

Relaxation Package

One hour massage with eco-fin hand treatment, One hour facial with an enzyme for your skin type and your choice of the infrared sauna or aqua chi footbath. \$199(\$215 value)

Detox Package

One hour hot stone detox massage followed by an aqua chi footbath and ending with an aloe herbal detoxifying bodywrap. \$189

Spa Policies

- Please arrive 10-15 Minutes prior to appointment time to ensure a relaxing experience.
- We have a 24 Hour Cancellation Policy that will result in a 50% Charge of Service Price or if using a Pre-paid Gift Card/Package, a forfeited visit, if Cancelled within the 24 Hour Period of the Scheduled Appointment.
- We have a No Show Policy that will result in a Charge of the Full Price of Service for those who choose not to Arrive for their Scheduled Appointments.
- A Credit/Debit Card will be Required to Reserve your Appointment; this way we will be able to ensure Maximum Availability for our Clients.
- Spafinder and SpaWish Gift Certificates are Valid toward only Full Regular Priced Services. Only Discount that may be Applied is when Scheduling a 1 Hour Massage and a 1 Hour Facial together for \$119.00.
- Gift Certificates may not be Exchanged for Cash, used for the Purchase of Skin Care Products or transferred to anyone other than the Named Recipient. Certificates that are Partially Redeemed will be Issued as Spa Credit. We do not give Cash Back on Remaining Balances.
- A Recommended Gratuity of \$15-20 per Hour Session is Greatly Appreciated. Small Tip Envelopes are made Available for Cash Tips and Tips may also be left on Credit Cards.

VIP Program

Vip Monthly Membership

60 Minute Massage or Facial.....\$59.00

90 Minute\$89.00

2 60 Minute.....\$115.00

2 90 Minute.....\$165.00

Save on Upgrades:

Deep Tissue.....No upgrade!

Stone.....\$15

Aromastone.....\$20

Symphony of the Cells Trtmnt.....\$20

Eco-Fin.....\$10/\$20

Footbath/Sauna.....\$30

Enzyme.....\$20

Chemical Peels.....\$30

LED Light.....\$40

- Auto-Debit Authorization
- Choose the 1st or the 15th of the month to be billed
- Service can be rolled over for 1 month period
- Service may be shared with friends or family
- No cancellation fee; ONLY a 30 day written notice
- 3 Month Introductory commitment, then month to month
- Add on massages after credit is used for the same VIP rate

Amenities

Shower Available

Towels /Robes

Spa Water and Hot Tea

Sauna (additional charge)

Healing  Horizons
Massage & Day Spa

La Placita Center

17672 Beach Blvd Ste E
Huntington Beach, CA 92647
(Between Slater & Newman)

Spa Line:
714-386-5779

Book Online:
Healinghorizonsmassage.com

Spa Hours:
Weekdays: 9am-8pm
Saturday: 9am-8pm
Sunday 9am-5pm

